

**Sr. No. 1891****Exam Code: 113601****Subject Code: 8331****Bachelor of Vocation (Mental Health Counseling) - Ist Sem.****(2118)****Paper: Paper-I****Mental Health & Counseling****Time allowed: 3 hrs.****Max. Marks: 75**

**Note:** The question paper consists of four sections: A, B, C and D. Attempt any Five questions (15 marks each) selecting at least one question from each section. The fifth question may be attempted from any section.

**Section A**

- |     |  |    |
|-----|--|----|
| I.  | Define Health. Discuss in detail the concept of Mental Health. | 15 |
| II. | Describe the nature and significance of Counseling.            | 15 |

**Section B**

- |      |   |    |
|------|---|----|
| III. | Explain the goals of Counseling with special reference to India.                | 15 |
| IV.  | Give a detailed account of professional issues of Mental Health and Counseling. | 15 |

**Section C**

- |     |   |    |
|-----|---|----|
| V.  | Discuss various Counseling skills with suitable examples. | 15 |
| VI. | Describe the function of Mental Health Counselors.        | 15 |

**Section D**

- |       |   |    |
|-------|---|----|
| VII.  | Explain in detail various stages of Counseling.                         | 15 |
| VIII. | Give a detailed account of termination as a part of counseling process. | 15 |

\*\*\*\*\*

**1891(2118)100**